

In this lesson, we explore more double bass roll, fill and warm up ideas. Here we are mixing sixteenth notes, sixteenth note triplets, thirty-second notes and thirty-second note triplets. Remember to play to a metronome or click track. Also remember to start off slow and master the exercise before increasing speed. To take these exercises a step further, instead of just playing the hand pattern on the snare, mix it between your snare and toms, completely around your toms, or even mixing it up between drums and cymbals. Experiment and Have fun!

### Exercise 1

### Exercise 2

Exercise 1 and Exercise 2 are presented on a single staff in 2/4 time. Exercise 1 starts with a repeat sign and a 2/4 time signature. It features a sequence of four eighth notes, followed by two groups of eighth note triplets. Exercise 2 is a variation of Exercise 1, starting with a repeat sign and a 2/4 time signature, followed by two groups of eighth note triplets and then a sequence of four eighth notes. Both exercises end with a double bar line and repeat dots.

### Exercise 3

Exercise 3 is on a single staff. It begins with a repeat sign and a 2/4 time signature. The exercise consists of a sequence of eighth notes, followed by two groups of eighth note triplets, and then another sequence of eighth notes. It ends with a double bar line and repeat dots.

### Exercise 4

Exercise 4 is on a single staff. It starts with a repeat sign and a 2/4 time signature. The exercise is divided into two measures. The first measure contains a sequence of eighth notes and eighth note triplets. The second measure contains a sequence of eighth notes and eighth note triplets. It ends with a double bar line and repeat dots.

### Exercise 5

Exercise 5 is on a single staff. It begins with a repeat sign and a 2/4 time signature. The exercise consists of two measures. The first measure contains a sequence of eighth notes and eighth note triplets. The second measure contains a sequence of eighth notes and eighth note triplets. It ends with a double bar line and repeat dots.

### Exercise 6

Exercise 6 consists of two measures of music. The first measure contains four groups of eighth-note triplets on the upper staff, each marked with a '3'. The lower staff contains a bass line of quarter notes. The second measure contains another four groups of eighth-note triplets on the upper staff, each marked with a '3'. The lower staff contains a bass line of quarter notes. The piece begins with a double bar line and repeat sign, and ends with a double bar line and repeat sign.

### Exercise 7

Exercise 7 consists of two measures of music. The first measure contains a sequence of eighth notes on the upper staff. The lower staff contains a bass line of quarter notes. The second measure contains another sequence of eighth notes on the upper staff. The lower staff contains a bass line of quarter notes. The piece begins with a double bar line and repeat sign, and ends with a double bar line and repeat sign.

### Exercise 8

Exercise 8 consists of two measures of music. The first measure contains a sequence of quarter notes on the upper staff. The lower staff contains a bass line of eighth-note triplets, each marked with a '3'. The second measure contains another sequence of quarter notes on the upper staff. The lower staff contains another bass line of eighth-note triplets, each marked with a '3'. The piece begins with a double bar line and repeat sign, and ends with a double bar line and repeat sign.

### Exercise 9

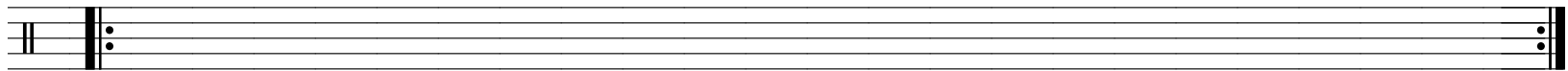
Exercise 9 consists of two measures of music. The first measure contains a sequence of eighth notes on the upper staff. The lower staff is empty. The second measure contains a sequence of eighth-note triplets on the lower staff, each marked with a '3'. The upper staff is empty. The piece begins with a double bar line and repeat sign, and ends with a double bar line and repeat sign.

### Exercise 10

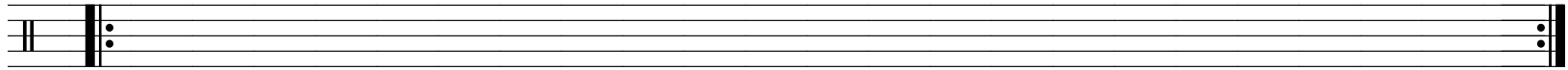
Exercise 10 consists of two measures of music. The first measure contains a bass line of eighth-note triplets on the lower staff, each marked with a '3'. The upper staff is empty. The second measure contains a sequence of eighth notes on the upper staff. The lower staff is empty. The piece begins with a double bar line and repeat sign, and ends with a double bar line and repeat sign.

# Exercise 11

The image shows a musical score for Exercise 11, consisting of two staves. The top staff contains two measures of eighth-note runs. The first measure starts on G4 and ascends to D5, while the second measure starts on D5 and descends to G4. The bottom staff contains two measures of triplet bass lines. Each measure consists of four groups of triplets, each group containing three eighth notes. The first measure starts on G2 and ascends to D3, while the second measure starts on D3 and descends to G2. The number '3' is written below each of the four groups of triplets in both measures of the bottom staff. The score is enclosed in a double bar line with repeat dots at both ends.



**Exercise 9**



**Exercise 46**

